



10789 Double R Blvd, Suite #100  
Reno, NV 89521  
Phone: (775)746-2206  
Fax: (775)359-3332  
[www.backinmotion.net](http://www.backinmotion.net)

## Functional Capacity Evaluations – FAQ

**1) What is a Functional Capacity Evaluation?**

A Functional Capacity Evaluation, also referred to as an FCE, is a thorough one time assessment of a person's current safe physical abilities including several areas such as endurance, positional tolerances, functional positions, lifting abilities, hand dexterity, etc.

**2) How long will the FCE last?**

Approximately 4-5 hours.

**3) Do I need to arrive early to my appointment to fill out paperwork?**

No. You may arrive at your scheduled time outlined in your appointment letter as we have allotted time for you to complete our paperwork.

**4) What should I bring to my appointment?**

Photo ID. You may bring something to eat and drink if you would like.

**5) What should I wear?**

You should wear clothes that you would wear to the gym, such as sweats or shorts, T-shirt and tennis shoes.

**6) Can I eat or drink during the exam?**

Yes. We have a refrigerator and microwave that you are welcome to use. While you are undergoing the exam there will be short breaks when you may eat a snack; however, you may not leave the clinic during your exam.

**7) Should I take my regular medications on the day of my test?**

Yes. You should continue to take your medication as prescribed by your treating physician. Please list all your medications on the FCE Intake Form at the time of your evaluation, including the dosage and frequency of each.

**8) Where is Back In Motion Physical Therapy?**

10789 Double R Blvd, Suite 100, Reno, Nevada, 89521.

You may visit us at [www.backinmotion.net](http://www.backinmotion.net) and click on the Find Us tab for a Google map.

Please call us at 775.746.2206 if you need further directions.

**9) Do I need to confirm my appointment?**

Yes. Please confirm your appointment 48 hours prior to your appointment by phone or email at [admin@backinmotion.net](mailto:admin@backinmotion.net).

**10) What if I need to change my FCE appointment date or time?**

You will need to contact your insurance company as we schedule FCE's only with insurance carriers directly.

**11) May I have a copy of my FCE results?**

If you are represented by an attorney, you can have them contact us for a copy. We will need a medical release form signed by you that we can release your records. If you do not have an attorney then by law Back In Motion Physical Therapy can release your FCE results to you. FCE results are not released until signed by your referring physician.