

Functional Capacity Evaluations – FAQ

1) What is a Functional Capacity Evaluation?

A Functional Capacity Evaluation, also referred to as an FCE, is a thorough one time assessment of a person's physical abilities including several areas such as endurance, positional tolerances, functional positions, lifting abilities, hand dexterity, etc.

2) How long will the FCE last?

Approximately 4 hours.

3) Do I need to arrive early to my appointment to fill out paperwork?

No. You may arrive at your scheduled time outlined in your appointment letter as we have allotted time for you to complete our paperwork.

4) What should I bring to my appointment?

Photo ID.

5) What should I wear?

You should wear clothes that you would wear to the gym, such as sweats or shorts, T- shirt and tennis shoes.

6) Can I eat or drink during the exam?

Yes. We have a refrigerator and microwave that you are welcome to use. While you are undergoing the exam there will be short breaks when you may eat a snack.

7) Should I take my regular medications on the day of my test?

Yes. You should continue to take your medication as prescribed by your treating physician. Please list all your medications on the intake form at the time of your evaluation, including the dosage and frequency of each.

8) Where is Back In Motion Physical Therapy?

Our address is 96 Glen Carran Circle, Suite #103, Sparks, NV 89431

You may visit us at www.backinmotion.net and click on the Find Us tab for a Google map.

We are located off I80 using the McCarran exit in Sparks. The nearest cross streets are Glendale Ave and McCarran Blvd. You may drive through the JC Penney's parking lot and turn to the right. Our clinic is located just past Wayne's Automotive on the right.

Please call us at (775)746-2206 if you need further directions.

9) Do I need to confirm my appointment?

Yes. Please confirm your appointment 48 hours prior to your appointment by phone or email at admin@backinmotion.net.